

MAKEUP *by* ERICA

MICROBLADING

WHAT TO EXPECT | ARE YOU A GOOD CANDIDATE? BEFORE & AFTER CARE INSTRUCTIONS

Proper care following your procedure is necessary to achieve the best results. Keep in mind that in many cases, some unevenness of colour is to be expected. This is the purpose of the touch-up or second visit after initial procedure. Please review the following directions and refer to them as necessary.

Semi-permanent tattoo is not recommended for anyone with the following health conditions:

- Pregnant or nursing.
- Hemophilia.
- Diabetic or use of Blood thinners.
- Chemotherapy.
- Viral infections and/or diseases.
- Epilepsy.
- Allergic to PPD or hair dye.
- Pacemaker or major heart problems.
- Organ transplant.
- Skin irritations or Psoriasis near treated area (rashes, sunburn, acne, etc.)
- Major skin conditions.
- Sick (cold, flue, viruses, etc.)
- Botox/Fillers in the past 2-3 weeks.
- Accutane in the past year.
- Use of Retinol, Chemical Peel/Aggressive Facials within the past 8 weeks.
- Use of Vitamin A within the past 4-6 weeks.
- Women having menstrual period.

BEFORE PROCEDURE

- No tanning (exposure to UV lighting or sunlight) at least a minimum of 2 weeks - 2 days maximum prior to procedure.
- No Laser hair removal treatment around the brow area 2-4 weeks prior to procedure.

- No Botox or fillers around the forehead, eye or brow areas at least 3 weeks prior to procedure.
- Do not use laser or chemical peels min 2-4 weeks prior to procedure.
- Do not take Aspirin, Niacin (Vitamin B3), Vitamin E, Vitamin A and/or Ibuprofen unless medically necessary 48-72 hours prior to procedure.
- Do not take Accutane for 1 year prior to procedure. No Exceptions. Accutane users have a higher risk of scarring.
- No exercising at least 12-24 hours prior to procedure.
- Do not drink alcohol at least 24-48 hours prior to procedure.
- Advise your medical physician of your cosmetic tattoo if scheduled an MRI.
 - ✓ Waxing, threading or tweezing is okay.
 - ✓ Cleanse and moisturize face as you normally would.
 - ✓ Try to refrain from wearing makeup prior to procedure, especially around the forehead, eye and brow areas.
 - ✓ Tylenol is okay to take prior to procedure.
 - ✓ Stay hydrated. Drink water or juices prior or during appointment if necessary.

POST-TREATMENT AFTER CARE

- Apply cold, wet cotton pads, soaked in distilled water to clean the brows during the first 10 days post treatment.
- Do not touch brows or brow area without CLEAN HANDS. (Disinfectants, sanitary lotions or hand soap must be used thoroughly before touching treated areas.)
- Apply Vaseline (a thin layer to keep treated area moist) 3 times a day – Morning, afternoon and night.
- NO PICKING, PEELING, SCRATCHING, ABRASIVIE CLEANSING OR FORCING REMOVAL. The treated area may heal unevenly if not taken care of correctly.
- Be gentle with your tattoo and let it exfoliate its upper layer without your help.
- NO MAKEUP is to be applied around or on the brows until they have completely healed (after 10 days).
- Do not use Emu oil as your sealant! It may cause your pigment colour to bleed and/or migrate.
- Do not expose your healing skin to direct sun, tanning beds, hot tubs, saunas, steam, salt water, chlorinated or salted pools, direct shower spray, tanning sprays, skin creams, ointments or lotions other than Vaseline for 14 days following your procedure.
- Advise your medical physician of your cosmetic tattoo if scheduled an MRI.
- Use sunscreen if out in direct sun. Sun exposure will fade your permanent cosmetics just like a body tattoo or can change its colour.
- Do not donate blood until 1 year after cosmetic tattoo (Red Cross policy for any tattooing procedure.)

- ✓ Expect treated areas to be tender for the next few days.
- ✓ Brows can take up to 8 days to exfoliate completely.
- ✓ Expect tattoo to dry up, crust or flake during the next 7-10 days.
- ✓ Cleanse your skin beneath your brows as you normally would without interacting the product or face wash/cleanser to your brows. Cleanse brows with water, followed by a thin layer of Vaseline to keep the treated area from excessive crusting or flaking.
- ✓ Refrain from laser peels, chemical peels or MRI prior and after procedure. Certain lasers have reported to discolour pigments (green, pink, orange, purple, blue and/or black).
- ✓ Refrain from wearing makeup on and around the brow area. Old Makeup can carry a lot of bacteria that can lead to an unwanted infection if not careful.
- ✓ Refrain from waxing, threading or tweezing 2-3 weeks post treatment. Brows must be healed completely prior to any hair removal methods.
- ✓ It is normal for your tattooed colour to heal 30-50% light than how it looks the day of the initial procedure.
- ✓ Retin A, Glycolic Acids, Tretinoin or any other rapid skin exfoliation products used regularly on the forehead are not recommended and will thin the epidermis and semi-permanent makeup will fade away permanently.

